



## How Do I Make Change?

Please think about the following questions. You can just think about them, or you may choose to write complete answers, jot down notes, or draw pictures to help you formulate your thoughts.

1. Describe a time where you took action to change something in your home, school, or community. Be sure to explain what change you wanted to make and what actions you took (i.e. letter writing, protesting, sharing the story online).

2. Did you work alone or with others? If you worked with others, how did you get people to work together effectively?

3. What motivated you to do this? Why was it so important to you? What were your goals?

4. What happened when you took action to make this change? How did you feel?